

QPA

ΟΜΙΛΗΤΗΣ

**OMIAIA** 

• 10:00 - 10:10



**Γιώτα Γούλα**Head of Marketing at skg.education

**Opening remarks** 

• 10:10 - 10:20



Βίλλυ Νούλη HR Manager/Πρόεδρος ΣΔΑΔΕ

Welcoming address by  $\Sigma\Delta A\Delta E$ 

10:20 - 10:40



**Τρύφων Απόστολος Σάκκος**Human Resources Manager at Ikos Oceania

Prioritizing employee health and happiness - The key to sustainable success

• 10:40 - 11:00



Ruτερίνα Μυγιάκη
Head of Human Capital & Corporate Communications at Campeón Gaming

Building a great employee experience

• 11:00 - 11:20



LIÉΤΡΟς Κολώνιας

Human Resources Director at Netcompany

Engage & Empower: Elevating employee experience for long-term success

• 11:20 - 11:40



**Οδυσσέας Χρυσικόπουλος**Organizational Development Manager at Alumil

Me, myself & Al

story of me

How bad office culture

reshaped my career path - a

• 11:40 - 12:00

12:00 - 12:30



Donguk Shin
Independent Filmmaker



COFFEE BREAK

POWERED BY: SKG.EDUCATION



ΩΡΑ

## ΟΜΙΛΗΤΗΣ

## **OMIAIA**

• 12:30 - 13:00



**Ελένη Χάιντς**Psychologist/Lecturer/Board Member/Writer

The effects of early maladaptive schemas on burnout syndrome

• 13:00 - 13:20



**Σοφία Παπαϊωάννου**Head of HR at Plaisio Computers

From commercial diversity to diversity for people

• 13:20 - 13:40



**Σάρης Λαλάτσης**Founder at lerax Analytix

Your voice in hiring: What the audience thinks

• 13:40 - 14:00



**Δέσποινα Τσολακίδου**Learning & Development Specialist at skg.education

Why we fail our best employees

• 14:00 - 14:30



**Ζέτα Δούκα** Ηθοποιός/Πρόεδρος ΑΝΑΣΑ My Way: The importance of right decisions, flexibility and perseverance

• 14:30 - 15:30



LUNCH BREAK



**ΩPA** 

## ΟΜΙΛΗΤΗΣ

## **OMIAIA**

• 15:30 - 16:30





A legal debate on artificial intelligence in Performance Evaluations

• 16:30 - 16:50



Nάγια Αντωνίου
Career & Business Coach

How different generations approach mental health in the workplace

• 16:50 - 17:10



Mαρία Σγούρου

Developmental Psychologist - Psychotherapist

Unlocking team dynamics in the workplace: What does Gestalt Psychotherapy suggest for conflict management?

• 17:10 - 17:30



Linkedin expert

Do you know how to play to your strengths?

• 17:30 - 18:30



**NETWORKING PARTY**